

| Time  | Monday | Tuesday | Wed. | Thursday | Friday | Saturday | Sunday |
|-------|--------|---------|------|----------|--------|----------|--------|
| 6am   |        |         |      |          |        |          |        |
| 6:30  |        |         |      |          |        |          |        |
| 7:00  |        |         |      |          |        |          |        |
| 7:30  |        |         |      |          |        |          |        |
| 8:00  |        |         |      |          |        |          |        |
| 8:30  |        |         |      |          |        |          |        |
| 9:00  |        |         |      |          |        |          |        |
| 9:30  |        |         |      |          |        |          |        |
| 10:00 |        |         |      |          |        |          |        |
| 10:30 |        |         |      |          |        |          |        |
| 11:00 |        |         |      |          |        |          |        |
| 11:30 |        |         |      |          |        |          |        |
| noon  |        |         |      |          |        |          |        |
| 12:30 |        |         |      |          |        |          |        |
| 1:00  |        |         |      |          |        |          |        |
| 1:30  |        |         |      |          |        |          |        |
| 2:00  |        |         |      |          |        |          |        |
| 2:30  |        |         |      |          |        |          |        |
| 3:00  |        |         |      |          |        |          |        |
| 3:30  |        |         |      |          |        |          |        |
| 4:00  |        |         |      |          |        |          |        |
| 4:30  |        |         |      |          |        |          |        |
| 5:00  |        |         |      |          |        |          |        |
| 5:30  |        |         |      |          |        |          |        |
| 6:00  |        |         |      |          |        |          |        |
| 6:30  |        |         |      |          |        |          |        |
| 7:00  |        |         |      |          |        |          |        |
| 7:30  |        |         |      |          |        |          |        |

|                 |  |  |  |  |  |  |  |
|-----------------|--|--|--|--|--|--|--|
| <b>8:00</b>     |  |  |  |  |  |  |  |
| <b>8:30</b>     |  |  |  |  |  |  |  |
| <b>9:00</b>     |  |  |  |  |  |  |  |
| <b>9:30</b>     |  |  |  |  |  |  |  |
| <b>10:00</b>    |  |  |  |  |  |  |  |
| <b>10:30</b>    |  |  |  |  |  |  |  |
| <b>11:00</b>    |  |  |  |  |  |  |  |
| <b>11:30</b>    |  |  |  |  |  |  |  |
| <b>midnight</b> |  |  |  |  |  |  |  |
|                 |  |  |  |  |  |  |  |

Notes: